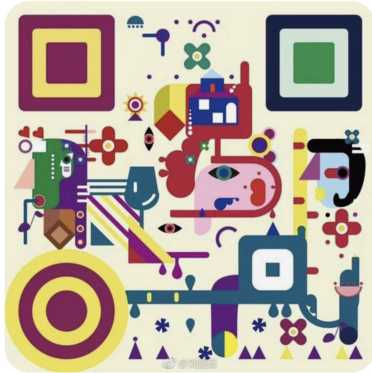


Linking Cultures - Team 6

By Marybel Mouradian, Michelle Bobst, Farida Ayoub & Khaoula Nasloubi

Initial Idea

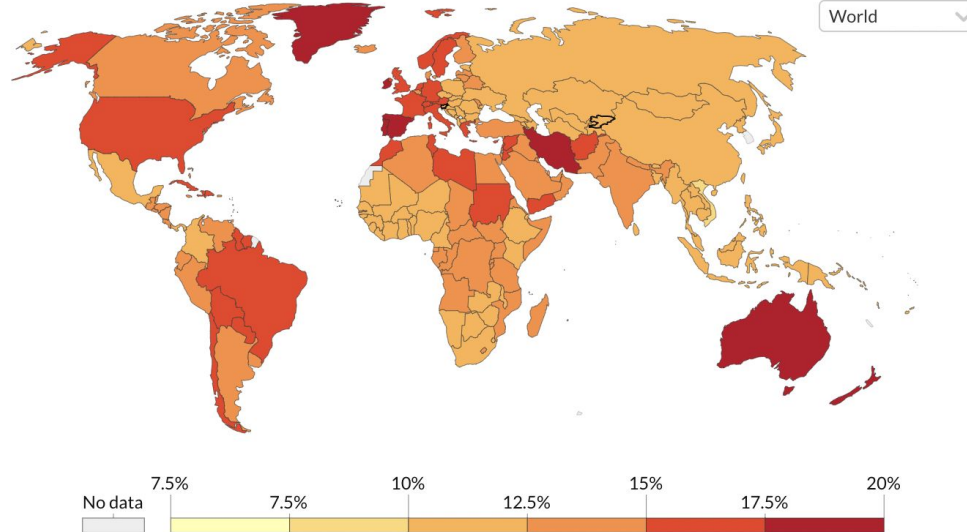


Mental Health new issue we want to highlight

Share of population with mental health disorders, 2019

Share of population with any mental health; this includes depression, anxiety, bipolar, eating disorders and schizophrenia. Due to the widespread under-diagnosis, these estimates use a combination of sources, including medical and national records, epidemiological data, survey data, and meta-regression models.

Our World
in Data



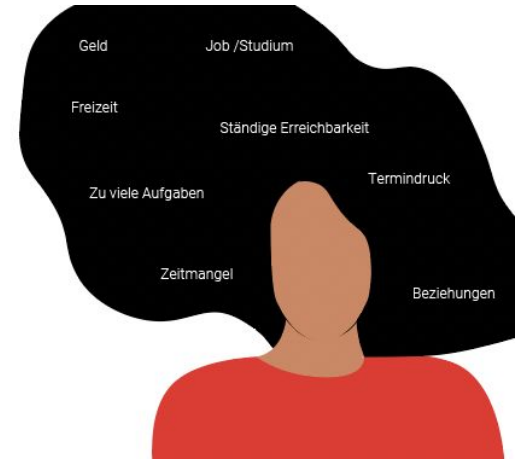
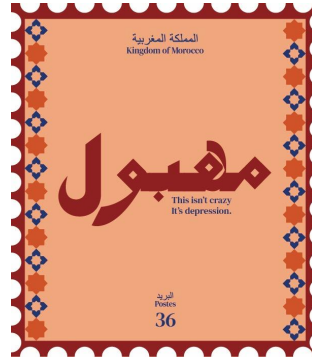
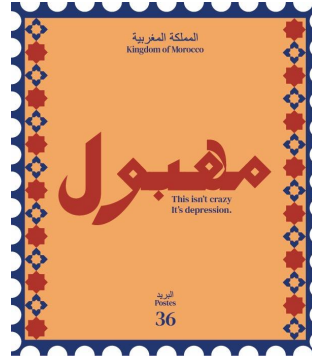
Source: IHME, Global Burden of Disease

CC BY

▶ 1990

○ 2019

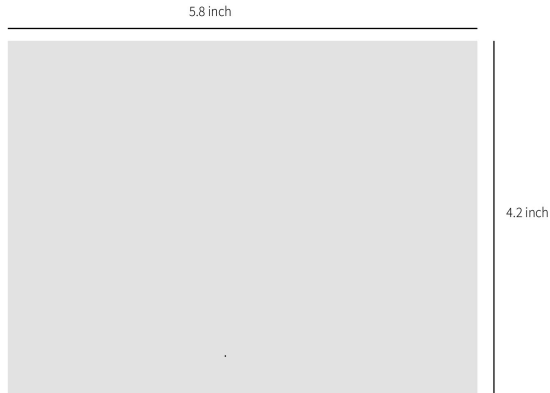
Postage stamps - First trial



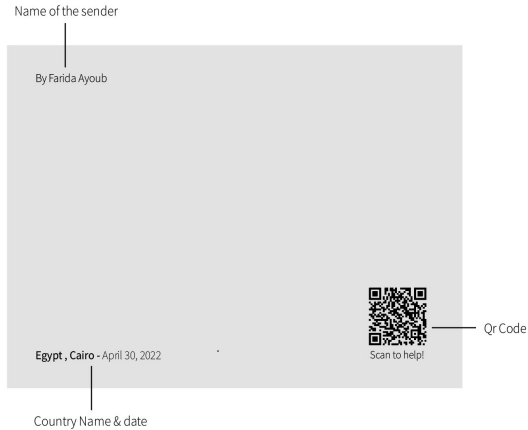
Design System

Measurements

Can be vertical or horizontal



Layout



Font

Aa Bb Cc Dd Ee Ff
1 2 3 4 5 6 7 8 9 Aa

Final Design of Postcards



By Marybel Mouradian



Scan to Help!

Beirut, Lebanon - April 29, 2022



By Farida Ayoub



Scan to Help!

Egypt, Cairo - April 29, 2022



By Michelle Bobst



Scan to Help!

Zurich, Switzerland - April 29, 2022



By Khaoula Nasloubi



Scan to Help!

Morocco, Marrakesh - April 29, 2022

Mental illness in Switzerland by Michelle

- Mental illness is still a taboo
- Every 2nd person once in their lifetime
- 9 /10 people know someone
- Goal: raise awareness, start discussions

By Michelle Bobst



Zurich, Switzerland - April 29, 2022



Scan to Help!

PTSD from the Beirut Explosion by Marybel

- PTSD and anxiety
- Affects the lebanese population
- 4th of August Explosion
- Raising awareness & helping people
- Fear of it happening again



By Marybel Mouradian

Beirut, Lebanon - April 29, 2022



Scan to Help!

Mental Health Stigma in Egypt by Farida

- Mental health stigma in Egypt
- 40% of the population is suffering from Mental health

By Farida Ayoub



Egypt, Cairo - April 29, 2022



Scan to Help!

Crazy isn't depression in Morocco by Khaoula

- Mental patients aren't crazy
- Stop calling others crazy

By Khaoula Nasloubi



Morocco, Marrakesh - April 29, 2022



Scan to Help!

Postcards travelling the world to Raise Awareness

- Goal → send postcards to each other
- Start a discussion
- Raise awareness on the different types of mental health
- All mental health illnesses are important and crucial to treat

